

Appendices:

Appendix A:

Questionnaire Template



1. What sex were you registered at birth?*

- ☐ Male
- ☐ Female
- ☐ Prefer not to say



2. How old are you?*

- ☐ 0-10 years old
- ☐ 11-20 years old
- ☐ 21-30 years old
- ☐ 31-40 years old
- ☐ 41-49 years old
- ☐ 50-60 years old
- ☐ 61-70 years old
- ☐ 71+ years old



3. Which of the following best reflects your ethnicity?

- ☐ Asian British
- ☐ Asian Other
- ☐ Black British
- ☐ Black Other
- ☐ Chinese British
- ☐ Chinese Other
- ☐ Mixed Ethnic Group
- ☐ White British
- ☐ White Other
- ☐ Prefer not to say



4. Do you have any family history of breast cancer (grandmother, mother, sister, daughter)

- ☐ Yes
- ☐ No
- ☐ I don't know
- ☐ Prefer not to say



5. Have you been invited to attend the breast cancer screening programme in the UK before?

- ☐ Yes
- ☐ No
- ☐ Don't know



6. Have you ever attended the breast screening programme in the UK before?

- ☐ Yes - every time I've been invited
- ☐ Yes - sometimes
- ☐ No - never attended



7. When was the last time you attended the screening clinic?

- ☐ Within the last year
- ☐ 1-2 years ago
- ☐ More than 2 years ago
- ☐ Never attended
- ☐ Don't remember



8. What, if anything, encourages you to attend breast screening?
Please select all that apply.

- ☐ To look after my health
- ☐ To detect any problems early
- ☐ Recommendation from my GP or another health professional
- ☐ Reminder letters, texts, or calls
- ☐ Support or encouragement from family or friends
- ☐ Convenient appointment times
- ☐ A screening location that is easy to get to
- ☐ Previous positive experience with screening
- ☐ Belief that screening is effective and worthwhile
- ☐ Feeling reassured by getting checked
- ☐ Wanting peace of mind
- ☐ I go because it's part of routine health care
- ☐ Nothing encourages me to attend
- ☐ Other (please specify)



9. What, if anything, would make it difficult for you to attend a breast cancer screening appointment?
Now please select the main reason you would find it difficult to attend a breast screening appointment.

- ☐ I find screening information confusing or hard to understand
- ☐ I'm unsure what the screening involves
- ☐ I'm worried it will be painful or physically uncomfortable
- ☐ I have a health condition or disability that makes attending difficult
- ☐ I forget to book or attend appointments
- ☐ Appointment times offered do not suit me
- ☐ The screening location is too far away or hard to access
- ☐ I have caring responsibilities that make it difficult to attend
- ☐ I cannot get time off work
- ☐ I have transport difficulties (e.g. no car or poor public transport options)
- ☐ I don't have anyone to accompany me and would prefer not to go alone
- ☐ Due to cultural or religious reasons making me uncomfortable to attend
- ☐ I don't think screening is necessary for me
- ☐ I'm anxious or fearful about the results
- ☐ I feel embarrassed or uncomfortable about the screening procedure
- ☐ I prefer not to think about cancer
- ☐ I have had a previous negative experience with screening
- ☐ I intend to go but never get around to booking
- ☐ Nothing would make it difficult for me to attend
- ☐ Other (please specify)



10. How much do each of the following influence your decision on whether or not you attend breast screening?

Clear selected

	Likely	Not likely	Very likely
Recommendation from my GP	☐	☐	☐
Invitation letter	☐	☐	☐
Distance/ transport availability	☐	☐	☐
Fear of radiation/ harm	☐	☐	☐
Anxiety about the results	☐	☐	☐
Previous painful/uncomfortable screening	☐	☐	☐
Caring responsibilities/ time constraints	☐	☐	☐



11. Which of the following would help or encourage you to attend a breast screening appointment?

Please select all that apply.

- ☐ Clearer information about what happens during screening
- ☐ Information that addresses worries about pain or discomfort
- ☐ Personalised information about my own risk
- ☐ Instructions or reminders that make booking easier
- ☐ Being able to speak to a health professional to ask questions
- ☐ More flexible appointment times (e.g., evenings/weekends)
- ☐ Being offered an appointment closer to home or work
- ☐ Help with transport or parking
- ☐ Shorter waiting times at the clinic
- ☐ Being able to reschedule easily
- ☐ Having someone accompany me
- ☐ A more comfortable or private screening environment
- ☐ Reminders (letters, texts, or calls)
- ☐ Encouragement from my GP or another health professional
- ☐ Hearing from others who have had positive screening experiences
- ☐ Information about how screening reduces the risk of late-stage cancer
- ☐ Messages that emphasise the benefits of early detection
- ☐ Reducing feelings of embarrassment or anxiety about the procedure
- ☐ Nothing would help/ I would not attend
- ☐ Other (please specify)



12. Is there anything else you'd like to tell us about your experience or views on breast screening?

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